

ADR LUNCHTIME SERIES PRESENTATION

Verbal Atemi – A Technique for Creative Disruption

ATEMI is a concept contained within the Japanese martial art of Aikido. An *Atemi* is a strike used to unbalance or disrupt a pattern of intent. This workshop will explore the concept of verbal *Atemi* through stories taken from the conflict resolution text, *Sweet Fruit from the Bitter Tree: 61 Stories of Creative & Compassionate Ways out of Conflict* by Mark Andreas. Join Aikido black belt and seasoned conflict resolver Stephen Kotev to learn how to apply verbal *Atemi* successfully to high-conflict situations in order to creatively disrupt and redirect a dangerous, unhelpful, or counterproductive pattern.

Speaker: Stephen Kotev
Conflict Resolution Consultant and Coach

Presented by the Interagency ADR Working Group, Workplace Conflict Management Section in coordination with the Department of Energy's Alternative Dispute Resolution Office.

Date: Wednesday, July 25, 2018
Time: Noon - 1:30 pm EDT (*Please allow extra time for security procedures*)
Location: U.S. Department of Energy
1000 Independence Ave, SW, Room GE-086
(DOE Forrestal Main Auditorium)
Washington, D.C. 20585

Travel by Metro: ■ Green and ■ Yellow Line - L'Enfant Plaza station (exit to Maryland Avenue) OR ■ Orange and ■ Blue Line - Smithsonian station (exit to Holocaust Museum/Bureau of Engraving and Printing).

If you plan to attend in person and you need any special accommodations, or if you plan to attend this training online and you need any special accommodations, please contact cindy.mazur@fema.dhs.gov no later than June 29, 2018.

To attend in person, everyone, including federal employees with an HSPD-12 government ID badge, must register by email to cindy.mazur@fema.dhs.gov and provide 1) **name**, 2) **citizenship**, and 3) **agency/employer** by July 11, 2018. You do *not* need to register to call-in or participate online.

To attend via WebEx, you may [click this direct link](#). You can also go to <http://doe.webex.com> under the "Home" tab and enter the meeting number 904 933 862, then click "Join." Enter your first and last name, your email address, and Adr1234 as the event password. Follow instructions for the audio and select the "I will call in" option for better reception.

To listen only via teleconference, please call 1-415-527-5035 and use access code: 904 933 862. **Please disregard the prompt for an Attendee ID by pressing # sign.** To **submit questions to the speaker during the program**, please use WebEx chat or email elisabeth.bissell@fema.dhs.gov. Materials for this presentation will be posted at <http://www.adr.gov/events.html> several days before the program.